

Press Release from The Management of Crises/ «Alta kommunes kriseledelse»

Easter Holidays is near and many people have questions how to behave. This is our recommendations, based on National advice.

- Per March 16th Alta has no infections.
- About 60 persons are tested daily.

All visitors on Easter Holidays in Alta are encouraged to be tested at arrival or as close to arrival as possible.

Call our corona phone 913 90 344 to get a day and time for testing. The phone is available daily from 8 am to 3 pm. Call early in the morning to be tested the same day.

Alta Municipality has throughout the pandemic followed the recommendations of the National health authorities. This is our daily obligations. They have been strict on the recommendations for Easter Holidays: Stay in Norway, except for necessary travel.

Socially we recommend:

- Avoid more than 10 persons socially per week.
- Avoid more than 5 persons visiting in own home. If your home community recommend no visitors, it is a must to follow this advice at home, in your cabin or elsewhere.
- Avoid overnight stay during Easter if you arrive from a district with high infection and strict local measures. Kids and young people under age 20 and young people living alone, can have visitors overnight of 1 - 2 close friends.
- Only outdoor activities are recommended. Avoid places where many people are present and where distance is impossible, like restaurants, after ski locations, play grounds, swimming pools, etc. You can visit ski resorts/«alpinanlegg», but keep distance.

Besides the Chief Physicians recommend that you follow the infection measures for the municipality you travel from, if you are on a visit in Alta.

You must of course follow the infection measures of Alta. But on arrival from another municipality, you bring with you the risk of infection from that location. This implies:

- For your first 10 days you must follow the infection measures from your home municipality. If your home shopping center is closed, do not

visit our shopping center. Follow restrictions and advice of face mask which applies where you travel from. If you have restrictions of visitors in your home, in your home community, don't do that in Alta either.

The infection situation in Norway is unstable, our Minister of Health, Bent Høye, announce at the Home Page of our Government. They are worried of the consequences if many persons travel a lot and of meeting of many people during Easter. The Government have a focus on the infection situation, measures can be changed on short notice.

In Alta The Chief Physicians are worried if great travel activities in and out of the municipalities occur.

Our local health authorities are deeply affected with one year of Covid-19. In addition, unstable weather conditions with closed roads, make things difficult. We do not want a situation where corona infection patients need to get to hospitals. And where this can not be done. This will affect our emergency capacity.

Lastly we encourage management in companies to ask employees to be tested if they feel sick with symptoms of cold. Our test capacity is good!